

# MASS<sup>®</sup> PRO

**PROVEN Formula**  
**400% MORE EFFECTIVE**  
For Athletic Performance Versus  
Whey Protein Alone! <sup>1,2</sup>

- All-Natural 'MASS PRO MVP'
- Low Fat - Low Carb - Grass Fed
- No Aspartame, Sucralose or added sugar
- Maximum BCAA, Taurine & Glutamine Peptides
- ALPHA EFX™ Colostrum Enhanced - Instant Mixing

Lean Muscle Building • Health & Fitness Boosting

## Ultra-Pure PROTEIN

Whey Concentrate + Isolate + Colostrum

2.15 lbs (977g)

### INGREDIENTS

Registered Cold Process MASS PRO Ultimate Whey Protein Concentrate & Isolates, Alpha EFX Colostrum, Lecithin. No additives or artificial anything.

### DIRECTIONS

Add 1-2 scoops to taste in 4-10 ounces of milk, smoothie, water or juice. Just a few turns of the spoon or shakes in a shaker bottle and MASS PRO is good to go. Blend with fruit and ice cubes for a delicious, healthy shake!

Since 1993, The TRUSTED SOURCE  
Get the Real Results you want



1.800.ASK.MASS

BodyBuildingSupplements.com

© MUSCLE MASS INC., Athens, GA 30608 USA.  
All Rights, Trademarks and Proprietary  
Formulas Reserved by law.

### NUTRITION FACTS

Serving Size: 29.6g (1 scoop)  
Servings Per Container: 33

Amount Per Serving (in water)  
Calories 120  
Calories from fat 15

| Value                   | %Daily |
|-------------------------|--------|
| Total Fat 2.0g          | 3%     |
| Saturated Fat 0g        | 8%     |
| Cholesterol 0mg         | 0%     |
| Sodium 85mg             | 4%     |
| Total Carbohydrate 2.0g | 1%     |
| Dietary Fiber 0g        |        |
| Sugars 1g*              |        |
| Protein 24g             |        |
| Vitamin A               | 0%     |
| Vitamin C               | 25%    |
| Calcium                 | 10%    |
| Iron                    | 0%     |

Percent daily values based on a 2000 calorie diet. Your daily values may be higher or lower depending on calorie needs.

**Allergen Statement: Contains Milk**

Only 2g Carbs & 24g Protein per scoop!

\*No added sugar, fructose or sucrose.  
Aspartame & Sucralose free.

#### References:

1. Coombes, JS et al. Dose effects of oral bovine colostrum supplementation on physical work capacity in cyclists.
2. Medicine & Science in Sports & Exercise (34, 7:1184-88, 2002)

Consult your health professional before starting a new exercise and nutrition program. Statements not evaluated by the FDA. This product is not intended to diagnose, treat cure or prevent any disease.

## MASS PRO

Precision Engineered Protein

- The most undenatured, biologically active protein you can buy - at any price
- Highest concentration of all ten Essential Amino Acids for constant state nitrogen and immune system support
- Highest Branched Chain Amino Acid levels to prevent catabolism and speed muscle tissue growth & repair
- Highest concentrations of Glutamine & Taurine Peptides for peak protein synthesis, cell volume and immune function
- ALPHA EFX Colostrum Enhanced for maximum muscle building, fat loss and health boosting effects

Make no mistake,  
there's only ONE genuine  
MASS PRO Ultra-Pure Protein